Recency of practice/Re-entry to practice Self Assessment Tool

Registered nurse

**This is a reflective guide that allows practitioners to reflect on their readiness to return to practice, review their knowledge and skills and consider their ability to meet a number of competencies relating to their practice. When completing this assessment applicants are required to refer to the Nursing and Midwifery Board of Australia ‘*National competency standards for the registered nurse’[[1]](#footnote-1), 2006,* and the elements and cues for each domain, prior to completing the assessment for each category.**

**Please take time to consider the following statements and rate yourself (1, 2 or 3) as to your current preparedness to return to work**

**1. not really** *I do not have the confidence, knowledge and/or skills to meet this competency* (*e.g. you believe the area requires considerable improvement either via additional training, experience, supervision or mentoring by a colleague; OR, you are not intending to include this area in your scope of practice when you return to practice)*

**2. to some extent** *I have the confidence, knowledge and/or skills to meet this competency part of the time* (*e.g. you expect to further improve and fully met this competency with additional clinical experience, professional development activities, supervision or mentoring by a colleague; OR, you are not intending to include this area in your scope of practice when you return to practice)*

**3. to a great exten**t *I have the confidence, knowledge and/or skills to meet this competency most or all of the time* (*e.g. you believe you are competent in the area and work ready)*

| **Registered Nurse Questionnaire** | **1**Not really | **2**To some extent | **3**To a great extent |
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| 1. **Professional practice**
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| 1. | Practices in accordance with legislation affecting nursing practice and health care. |  |  |  |
| 2. | Practices within a professional and ethical nursing framework. |  |  |  |
| Total (A) |  |
| 1. **Critical thinking and analysis**
 | **1** | **2** | **3** |
| 3. | Practices within an evidence-based framework |  |  |  |
| 4. | Participates in ongoing professional development of self and others |  |  |  |
| Total (B) |  |
| 1. **Provision and coordination of care**
 | **1** | **2** | **3** |
| 5. | Conducts a comprehensive and systematic nursing assessment |  |  |  |
| 6. | Plans nursing care in consultation with individuals/groups, significant others and the health care team |  |  |  |
| 7. | Provides comprehensive, safe and effective evidence-based nursing care to achieve identified individuals/group health outcomes |  |  |  |
| 8 | Evaluates progress towards expected individual/group health outcomes in consultation with individuals/groups, significant others and interdisciplinary health care team |  |  |  |
| Total (C) |  |
| 1. **Collaborative and therapeutic practice**
 | **1** | **2** | **3** |
| 9. | Establishes, maintains and appropriately concludes therapeutic relationships |  |  |  |
| 10. | Collaborates with the interdisciplinary health care team to provide comprehensive nursing care |  |  |  |
| Total (D) |  |
|  **Grand total** = A + B + C + D = (out of 30) |

**What was your score?** *(please circle)* Under 10 between 10 – 19 20 or above

**Do you think you are ready to return to work?** *(please circle)* Yes No
 **Please explain your response:** *(provide reasons for your ratings and for any low scoring items/areas also provide details about what you intend to do to ameliorate the deficiency or explain why you believe the area is not critical to your intended practice)*

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**Name of applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **Date questionnaire completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (name of applicant) have answered the above questionnaire truthfully and to the best of my ability, while considering the professions competency standard (domains, elements & cues).**

1. Items in this tool are adapted from the Nursing and Midwifery Board of Australia ‘*National Competency Standards for the Registered Nurse’ 2006* located at www.nursingmidwiferyboard.gov.au [↑](#footnote-ref-1)