



Recency of practice/Re-entry to practice Self Assessment Tool

Registered nurse

This is a reflective guide that allows practitioners to reflect on their readiness to return to practice, review their knowledge and skills and consider their ability to meet a number of competencies relating to their practice. When completing this assessment applicants are required to refer to the Nursing and Midwifery Board of Australia ‘National competency standards for the registered nurse’¹, 2006, and the elements and cues for each domain, prior to completing the assessment for each category.

Please take time to consider the following statements and rate yourself (1, 2 or 3) as to your current preparedness to return to work

- 1. not really** *I do not have the confidence, knowledge and/or skills to meet this competency (e.g. you believe the area requires considerable improvement either via additional training, experience, supervision or mentoring by a colleague; OR, you are not intending to include this area in your scope of practice when you return to practice)*
- 2. to some extent** *I have the confidence, knowledge and/or skills to meet this competency part of the time (e.g. you expect to further improve and fully met this competency with additional clinical experience, professional development activities, supervision or mentoring by a colleague; OR, you are not intending to include this area in your scope of practice when you return to practice)*
- 3. to a great extent** *I have the confidence, knowledge and/or skills to meet this competency most or all of the time (e.g. you believe you are competent in the area and work ready)*

¹ Items in this tool are adapted from the Nursing and Midwifery Board of Australia ‘National Competency Standards for the Registered Nurse’ 2006 located at www.nursingmidwiferyboard.gov.au

Registered Nurse Questionnaire		1 Not really	2 To some extent	3 To a great extent
A. Professional practice				
1.	Practices in accordance with legislation affecting nursing practice and health care.			
2.	Practices within a professional and ethical nursing framework.			
Total (A)				
B. Critical thinking and analysis		1	2	3
3.	Practices within an evidence-based framework			
4.	Participates in ongoing professional development of self and others			
Total (B)				
C. Provision and coordination of care		1	2	3
5.	Conducts a comprehensive and systematic nursing assessment			
6.	Plans nursing care in consultation with individuals/groups, significant others and the health care team			
7.	Provides comprehensive, safe and effective evidence-based nursing care to achieve identified individuals/group health outcomes			
8.	Evaluates progress towards expected individual/group health outcomes in consultation with individuals/groups, significant others and interdisciplinary health care team			
Total (C)				
D. Collaborative and therapeutic practice		1	2	3
9.	Establishes, maintains and appropriately concludes therapeutic relationships			
10.	Collaborates with the interdisciplinary health care team to provide comprehensive nursing care			
Total (D)				
Grand total = A + B + C + D =				

Registered Nurse Questionnaire	1	2	3
	Not really	To some extent	To a great extent
			(out of 30)

What was your score? *(please circle)* Under 10 between 10 – 19 20 or above

Do you think you are ready to return to work? *(please circle)* Yes No

Please explain your response: *(provide reasons for your ratings and for any low scoring items/areas also provide details about what you intend to do to ameliorate the deficiency or explain why you believe the area is not critical to your intended practice)*

Name of applicant: _____

Date questionnaire completed: _____

I, _____ (name of applicant) have answered the above questionnaire truthfully and to the best of my ability, while considering the professions competency standard (domains, elements & cues).